



STUNDENPLAN

Bahia Dance

* die aktuellen Kurszeiten findest du jeweils in der App

	MONTAG	DIENTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
ab 09.00	Pole Dance Beginner-Inter1 STUDIO 1.OG					OPEN POLE all Level STUDIO EG Pole Dance Beginner STUDIO 1. OG
ab 10.00	OPEN POLE all Level STUDIO 1 OG					OPEN POLE all Level STUDIO EG Exotic Dance Beginner-Inter 1 STUDIO 1 OG
ab 11.00	OPEN POLE all Level STUDIO 1 OG					Strong & Flexy all Level STUDIO/ONLINE EG
ab 12.00	OPEN POLE all Level STUDIO 1 OG	OPEN POLE (ab 14.00) STUDIO EG		OPEN POLE (ab 14.00) STUDIO EG		Heels Technique (Start 12.10) Beginner-Intermediate STUDIO EG
ab 17.00	Pole Dance Beginner STUDIO 1 OG Pole Dance Inter 1 - 2 STUDIO EG	Strong & Flexy all Level STUDIO EG Pole Dance Beginner -Inter 1 STUDIO 1.OG	Pole Dance Intermediate 2 STUDIO EG	OPEN POLE all Level STUDIO 1 OG/EG Kids Pole Beginner STUDIO 1.OG	Strip Beginner STUDIO EG Pole Dance Beginner STUDIO 1.OG	Heels Choreografie (Start 13.10) Beginner -Higher Beginner STUDIO EG
ab 18.00	Pole Dance Inter 2- Advanced STUDIO EG Exotic Technique Beginner STUDIO 1 OG	Pole Dance Intermediate 1 STUDIO EG Pole Dance Beginner STUDIO 1.OG	Strike&Strong all Level STUDIO EG Spinning Pole Intermediate STUDIO EG Pole Dance Beginner-Inter 1 STUDIO 1 OG	Exotic Dance Beginner-Inter 1 STUDIO 1 OG OPEN POLE all Level STUDIO EG	Strong & Flexy (Start 18.15) all Level STUDIO/ONLINE EG Pole Dance Intermediate 1 STUDIO 1.OG	SONNTAG
ab 19.00	Strong & Fit all Level STUDIO/ONLINE EG Pole Dance Beginner-Inter1 STUDIO 1.OG	Strong & Flexy all Level STUDIO/ONLINE EG Pole Dance Inter1-Inter2 STUDIO 1.OG	Pole Flow Beginner STUDIO 1.OG Pole Dance Inter1- 2 STUDIO EG	Pole Dance Advanced STUDIO 1.OG/EG OPEN POLE all Level STUDIO 1 OG Pilates all Level STUDIO EG	Jazz Funk/ Start to Dance (Start 19.15) Beginner STUDIO EG Pole Dance Beginner STUDIO 1.OG	Pole Dance Beginner - Inter 1 (Start 17.00 Uhr) STUDIO 1.OG
ab 20.00	Port de Bras Beginner STUDIO EG	Ladystile Latin Dance Beginner/ Intermediate STUDIO EG Pole Dance Beginner STUDIO 1.OG	Pole Dance Beginner STUDIO 1.OG Dance Workout all Levels STUDIO EG	Pole Dance Beginner -Inter1 STUDIO 1.OG Pole Dance Inter1-2 STUDIO EG		Exotic Dance Beginner-Inter 1 (Start 18.00 Uhr) STUDIO

FEEL STRONG.
FEEL SEXY.

Feel You.

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bahia-dance.com