

STUNDENPLAN

Bahia Dance

* die aktuellen Kurszeiten findest du jeweils in der App

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG							
ab 09.00	Pole Dance Beginner-Inter1 STUDIO 1.OG		Pilates all Level STUDIO EG			OPEN POLE Pole Dance all Level Beginner STUDIO STUDIO EG 1.OG							
ab 10.00	OPEN POLE all Level STUDIO 1 OG		OPEN POLE all Level STUDIO 1 OG			OPEN POLE Exotic Dance all Level Beginner-Inter 1 STUDIO STUDIO EG 1 OG							
ab 11.00	OPEN POLE all Level STUDIO 1 OG		OPEN POLE all Level STUDIO 1 OG			Strong & Flexy all Level STUDIO/ONLINE EG							
ab 12.00	OPEN POLE all Level STUDIO 1 OG		OPEN POLE all Level STUDIO 1 OG			Heels Technique (Start 12.10) Beginner-Intermediate STUDIO EG							
ab 17.00	Pole Dance Beginner STUDIO 1 OG	Pole Dance Inter 1 - 2 STUDIO EG	Strong & Flexy all Level STUDIO EG	Pole Dance Beginner -Inter 1 STUDIO 1.OG	Pole Dance Beginner /Inter1 STUDIO 1.OG	OPEN POLE all Level STUDIO 1 OG/EG	Pole Flow Beginner STUDIO 1.OG	Strip Beginner STUDIO EG	Pole Dance Beginner - Inter 1 STUDIO 1.OG	Heels Choreografie (Start 13.10) Beginner -Higher Beginner STUDIO EG			
ab 18.00	Pole Dance Inter 2- Advanced STUDIO EG	Exotic Technique Beginner STUDIO 1 OG	Pole Dance Intermediate 1 STUDIO EG	Pole Dance Beginner STUDIO 1.OG	Pole Conditioning all Level STUDIO 1.OG	Spinning Pole Intermediate STUDIO EG	Exotic Dance Beginner-Inter 1 STUDIO 1 OG	OPEN POLE all Level STUDIO EG	Strong & Flexy (Start 18.15) all Level STUDIO/ONLINE EG	Pole Dance Intermediate 1 STUDIO 1.OG	SONNTAG		
ab 19.00	Strong & Fit all Level STUDIO/ONLINE EG	Pole Dance Beginner-Inter1 STUDIO 1.OG	Strong & Flexy all Level STUDIO/ONLINE EG	Pole Dance Inter1-Inter2 STUDIO 1.OG	athleticflow SURF all Level STUDIO/ONLINE EG	Pole Flow Beginner STUDIO 1.OG	Pole Dance Inter1-2 STUDIO EG	Pole Dance Advanced STUDIO 1.OG/EG	OPEN POLE all Level STUDIO 1 OG	Pilates all Level STUDIO EG	Jazz Funk/ Start to Dance (Start 19.15) Beginner STUDIO EG	Pole Dance Beginner STUDIO 1.OG	Pole Dance Beginner - Inter 1 (Start 17.00 Uhr) STUDIO 1.OG
ab 20.00	Port de Bras Beginner STUDIO EG	Ladystyle Latin Dance Beginner/ Intermediate STUDIO EG	Pole Dance (Start 20.15) Beginner STUDIO 1.OG	Pole Dance Beginner STUDIO 1.OG	Pole Dance Beginner -Inter1 STUDIO 1.OG	Pole Dance Inter1-2 STUDIO EG							Exotic Dance Beginner-Inter 1 (Start 18.00 Uhr) STUDIO

FEEL STRONG.
FEEL SEXY.

Feel You.

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bahia-dance.com