STUNDENPLAN

Bahia Dance

*die aktuellen Kurszeiten findest du jeweils in der App

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
ab 09.00	**Pole Dance** **Beginner-Inter1** STUDIO 1.OG		**Pilates** **all Level** STUDIO EG			**OPEN POLE** **all Level** STUDIO EG **Pole Dance** **Beginner** **STUDIO** **1. OG**	
ab 10.00	**OPEN POLE** **all Level** STUDIO 1 OG		**OPEN POLE** **all Level** STUDIO 1 OG			**OPEN POLE** **all Level** STUDIO EG **Exotic Dance** **Beginner-Inter 1** STUDIO 1 OG	
ab 11.00	**OPEN POLE** **all Level** STUDIO 1 OG		**OPEN POLE** **all Level** STUDIO 1 OG			**Strong & Flexy** **all Level** STUDIO/ONLINE EG	
ab 12.00	**OPEN POLE** **all Level** STUDIO 1 OG		**OPEN POLE** **all Level** STUDIO 1 OG			**Heels Technique (Start 12.10)** **Beginner-Intermediate** STUDIO EG	
13.10						**Heels Choreografie** **(Start 13.10)** **Beginner -Higher Beginner** STUDIO EG	
ab 17.00	**Pole Dance** **Beginner** STUDIO 1 OG **Pole Dance** **Inter 1 - 2** STUDIO EG	**Strong & Flexy** **all Level** STUDIO EG **Pole Dance** **Beginner -Inter 1** **STUDIO** **1.OG**	**Pole Dance** **Inter 2** STUDIO 1.OG	Klds Pole **all Level** STUDIO 1 OG	**Strip** **Beginner** STUDIO EG **Pole Dance** **Beginner - Inter 1** STUDIO 1.OG		**Pole Dance** **Beginner - Inter 1** (Start 17.00 Uhr) STUDIO 1.OG
ab 18.00	**Pole Dance** **Inter 2- Advanced** STUDIO EG **Exotic Technique** **Beginner** STUDIO 1 OG	**Pole Dance** **Intermediate 1** STUDIO EG **Pole Dance** **Beginner** **STUDIO** **1.OG**	**Strike & Strong** **all Level** STUDIO EG Pole Dance Beginner - Inter 1 STUDIO 1.OG Spinning Pole Intermediate STUDIO EG	**Exotic Dance** **Beginner-Inter 1** STUDIO 1 OG **OPEN POLE** **all Level** STUDIO EG	Strong & Flexy **(Start 18.15)** **all Level** STUDIO/ONLINE EG **Pole Dance** **Intermediate 1** **STUDIO** **1.OG**		**Exotic Dance** Beginner-Inter 1 (Start 18.00 Uhr) STUDIO
ab 19.00	Strong & Fit **all Level** STUDIO/ONLINE EG **Pole Dance** **Beginner-Inter1** STUDIO 1.OG	**Strong & Flexy** **all Level** STUDIO/ONLINE EG **Pole Dance** **Inter1-Inter2** **STUDIO** **1.OG**	**Pole Flow** **Beginner** STUDIO 1.OG **Pole Dance** **Inter1- 2** STUDIO EG	**Pole Dance** **Advanced** **STUDIO** **1.OG/EG** OPEN POLE all Level STUDIO 1 OG **Pilates** **all Level** **STUDIO** **EG**	**Jazz Funk/ Start to Dance** **(Start 19.15)** **Beginner** STUDIO EG **Pole Dance** **Beginner** **STUDIO** **1.OG**		
ab 20.00	**Port de Bras** **Beginner** STUDIO EG	**Ladystile Latin Dance** **Beginner/** **Intermediate** STUDIO EG **Pole Dance** **(Start 20.15)** **Beginner** STUDIO 1.OG	**Pole Dance** **Beginner** STUDIO 1.OG	**Pole Dance** **Beginner -Inter1** STUDIO 1.OG **Pole Dance** **Inter1-2** STUDIO EG			